

Helen B. Landgarten Art Therapy Clinic

Family Art Assessment Program

FACT SHEET

Introduction to the Clinic

The Helen B. Landgarten Art Therapy Clinic is an outreach initiative of the Graduate Department of Marital and Family Therapy in the College of Communication and Fine Arts at LMU established in 2007. The Clinic's mission is to serve the community by offering clinical art therapy interventions to underserved adults, children and families who are in need of support and assistance. The Clinic also serves the educational and professional needs of the Department's graduate students and alumni by providing opportunities to serve the community while receiving training, supervision and conducting research in clinical art therapy.

Family Art Assessment Program

The purpose of the Family Art Assessment Program is to increase awareness of the field of art therapy and offer pro bono consultation services to agencies that provide family therapy. The Family Art Assessment Program is designed to assist primary therapists in understanding challenging underlying family dynamics and complex treatment planning.

Structure of the Program

The initial engagement in the program is an information session provided by the HBL Art Therapy Clinic, Clinic Director for the agencies administrative and clinical staff including the primary therapists providing family therapy to inform them about the detail and procedures of the program and to provide examples of the program efficacy. The agency then assigns a liaison to the program to facilitate the referral process and ensure stable communication between the agency and the HBL Art Therapy Clinic.

Procedures

The agency liaison gathers referral forms from the primary clinicians faxes them to the HBL Art Therapy Clinic. The HBL Art Therapy Clinic assigns a trained, experienced and licensed art therapist to provide the assessment at the time and place established by the primary clinician. The art therapist meets with the family, explains the process, reviews and signs the informed consent forms and clarifies all expectations. Once the assessment is complete, the art therapist provides a debriefing for the primary clinician followed by a written report.